

**SHOTWICK LAKE SAILING
TRAINING PROGRAMME 2010 Rev (C) 100210**

Date	Course	Cost	Comments
Sat 9 & 23 Jan, 6 & 20 Feb and 6, 20 Mar 2010 09.30 to 16.00	Junior Open Training		
Sat 27 and Sun 28 Feb 2010 09.00 to 16.30	RYA Powerboat level 2	£35 total. Primarily for safety boat helms.	A copy of RYA G20 will be issued on payment of deposit. Lead Instructor Tim Bowden
Sat 13 March 2010	Instructor Training Day	None	Designed for those interested in becoming assistant instructors.
Sun 21 Mar 2010	WYA Instructor Conference		
Sun 11 April 2010 14.00 to 17.00	Improving racing skills	No cost	Lead Instructor Steve Hopson
Sun 18 April 2010 14.00 to 17.00	Powerboat L2 refresher	None	Designed for existing PB2 holder to refresh techniques & update skills.
Sat 1, 8, 15, 22 & 29 May 2010 09.00 to 16.30 Thursday 22 April, 6 & 27 May 2010. 19.00 to 21.00	RYA Level 1 & 2 Dinghy Sailing Postponed	£125 per person - - -	A copy of RYA G4 and G3 will be issued on payment of deposit. Lead Instructor Tony Forster

Mon 3, 10, 17 & 24 May 2010	Junior Sailing 1 (none RYA certified). 18.30 to 20.30	£20 per person	Lead Instructor Tim Bowden
Sun 16 May 2010	Taster Session 14.00 to 16.00	No cost	Lead Instructor Tim Bowden
Sun 23 May 2010 14.00 to 17.00	Powerboat L2 refresher Postponed	None	Designed for existing PB2 holder to refresh techniques & update skills.
Sun 30 May 2010 14.00 to 17.00	Introduction to racing	No cost	Lead Instructor Steve Hopson
Sat 5 June 2010	Open Day 11.00 to 16.0	No cost	Lead Instructor Tony Forster
Sat 26 June & 3 July 2010 09.00 to 17.00. Mon 14 June 2010 19.00 to 21.00.	RYA Level 1 Dinghy Sailing.	£65 per person Wetsuit hire - £20 or purchase - £50	Training on Topper dinghies, suitable for adults or teenagers accompanied by adult (either sailing or on shore). Cost includes RYA G4 and G3 handbook & logbook.
Mon 21 & 28 June & 5 & 12 July 2010	Junior Sailing 2 (non RYA certified). 16.00 to 18.00 18.30 to 20.30	£20 per person	Lead Instructor Tim Bowden
Sun 18 July 2010	Taster Session 14.00 to 16.00	No cost	Lead Instructor Tim Bowden

Sat 7 and Sat 14 Aug 2010	RYA Start Racing	£35 total.	Lead Instructor Steve Hopson
Sat 7 and Sat 14 Aug 2010 09.00 to 17.00 Tue 3 Aug 2010 19.00 to 21.00	RYA Level 1 Dinghy Sailing.	£65 per person Wetsuit hire - £20 or purchase - £50	Training on Topper dinghies, suitable for adults or teenagers accompanied by adult (either sailing or on shore). Cost includes RYA G4 and G3 handbook & logbook.
Sun 22 August 2010	Taster Session 14.00 to 16.00	No cost	Lead Instructor Tim Bowden
Friday 3,10,17 & Thursday 23 September 2010	Junior Sailing 3 (non RYA certified). 17.00 to 19.30	£20 per person	Lead Instructor Tim Bowden
Sat 11,18,25 September & 2, 9 October 2010 09.00 to 17.00 Thursday 2 & 16 September and 7 October 2010 19.00 to 21.00	RYA Level 1 & 2 Dinghy Sailing	£125 per person	A copy of RYA G4 and G3 will be issued on payment of deposit. Lead Instructor Tony Forster
Sat 16 October 2010	CYRC Junior event.		

Sat 20 & 27 November 2010	RYA Seamanship Skills	£40 per person £20 non – refundable deposit.	A copy of RYA G12 will be issued on payment of deposit. Lead Instructor Tony Forster
Sat 4 and Sat 11 Dec 2010	RYA Powerboat level 2	£35 total. £15 non- refundable deposit. Primarily for safety boat helms.	A copy of RYA G20 will be issued on payment of deposit. Lead Instructor Tim Bowden

Please email training@shotwicksailing.org if you wish to come to the sessions and keep an eye on the web site in case of cancellations.